



Bungaree Primary School Newsletter



Term 2, Week 10
19th June, 2020

Contact Details:
Telephone: 03 5334 0253
Email: bungaree.ps@education.vic.gov.au
Facebook: @bungareeps

Address: 348 Bungaree-Wallace Road, Bungaree, Victoria, 3352
Web: www.bungareeps.vic.edu.au
Principal: Catherine Barnes

Respect

Positivity

Determination

Creativity

From the Principal

Hello everyone

We've almost made it to the end of term and I'd like to thank our students, staff and families for our combined effort in delivering an education program that was beyond imagination!

Highlights this term during Remote Learning have included:

- Daily connections with all students and staff via WebEx;
- Daily, live-time lessons encouraging explicit teaching, shared learning discussions, and social connections;
- Daily communication, instructions, feedback and sharing learning experiences with students, staff and families via Edmodo;
- Celebrating birthdays online with friends and teachers;
- Socially distant home visits from Miss Barnes;
- Pyjama Day, learning whilst exceptionally cosy, hot chocolate in hand;
- PFA Mother's Day virtual stall (thanks, Stacey!) and home delivery of gifts;
- San Diego Zoo virtual excursion;
- And THAT moment when it was announced that we could all come back to school!

Highlights this term on our Return to School have included:

- Seeing our friends and teachers in person and all together for the first time in almost nine weeks;
- NOT having to write down meeting numbers and check in every day online;
- Minute-to-Win-It fun and team building games;
- "Cubbymania", building new cubbies outdoors and reaffirming friendships;
- National Simultaneous Storytime activities and special lunch with Whitney and Britney, Chicken Divas;
- Exploring how wind turbines work—Juniors designing and building their own from recycled materials; and Seniors undertaking a multimedia research project;
- Designing and creating our own papier-mâché masks (not Covid-19 masks!) inspired by cultural masks from around the world.



I'm regularly receiving guidance from the DET with regard to school operations as restrictions across Victoria increase/decrease, and will be sure to keep you posted when advice changes. Until then, we will continue running Bungaree Primary School according to our Return to School Plan and Covid-19 Safety Management Plan for student and staff safety. I appreciate everyone's understanding around this.

With only one more week of this term before the school holidays, I'd like to take this opportunity to wish everyone a safe and enjoyable break—we seemed to miss our last holidays in isolation—so please, take some time to reflect, rest and reset in readiness for Term 3.

Keep an eye on our Facebook page for snippets and updates in between newsletters. Have a wonderful week, and always stay grateful, kind and mindful.

Be well and stay connected.

Miss Catherine Barnes, **Principal**

Reminder

Learning from Home Survey for Parents

Please take the time to let us know your thoughts and provide some feedback from our Remote Learning Period.

The DET survey information with your unique login details were sent home on Monday. The survey is open until the end of term.

Thank you.

Calendar

June

Friday 26th Last day of Term 2—2:30pm dismissal

July

Monday 13th First day of Term 3

Sporting Schools

I'm pleased to let you know that we were successful for a grant from the Sporting Schools Program in Term 2 for soccer. Given that schools had to switch to remote learning, this didn't look like it would be able to proceed. However, Sporting Schools have refigured the delivery and grant and as a result, we will be purchasing new soccer equipment—think indoor goals, balls, cones and shin guards etc. that we can use from next term. I'll be on the lookout for Bungaree's new little Soccerroo's, Tim Cahill or Harry Kewell!



Our Swim and Gym Program in Term 3 is still up in the air with Victorian Covid-19 restrictions and DET advice around excursions. We and Warrenheip Primary School are both keen to continue with plans if it is safe to do so. We will keep you posted—including flexibility to the opportunities available to us with permissions/programs/dates/times as we start into Term 3.

Miss Barnes

Winter Mowing

Weekend commencing ...	Family
Saturday 6th June	Cox family
Saturday 4th July	Matheson family
Saturday 1st August	Lee family
Saturday 29th August	Cox family

THANK YOU!

Bungaree PS is online

Find Bungaree Primary School on our website

www.bungareeps.vic.edu.au



and on Facebook

@bungareeps



Enrolments in 2020 and beyond

Reminder: Enrolments are now being encouraged and welcomed for students starting in any year level in 2020 and beyond. If you know of a local family with children who need to experience our fantastic neighbourhood school, please let me know.



Miss Barnes



Our Service Road to school has a 10km/h speed limit. For everyone's safety—students, families and staff, please abide by this speed limit when arriving and departing from school at all times. Thank you.

Bungaree Primary School

BUNGAREE

bungaree.ps@education.vic.gov.au

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Everyone Welcome



- Respect
- Positivity
- Determination
- Creativity

- Enrol now for 2021
- One big school family with friendly and caring kids and staff
- Strong family values with a welcoming community spirit
- Small school, small class numbers—a quality education
- Personalised learning and support for every student
- Strong academic, social and emotional learning for all
- Specialist programs including The Resilience Project, creative art, sport, STEAM, MARC Van and Auslan
- 1:1 access to digital devices
- Partnership programs with local small schools
- We love where we live, learn and play!



Our enrolment application can be found ONLINE at www.bungareeps.vic.edu.au or please contact the school. Reserve your place for 2021 now!

Together we can grow

Raising Resilient Problem Solvers

A positive parenting article from Michael Grose.

Personal problem-solving is an underrated skill shared by resilient children and adults. First, identified alongside independence, social connection and optimism by early resilience-researchers in the US, the ability to solve your own problems is the basis of a child's autonomy and self-efficacy.

When parents solve all children's problems we not only increase their dependency on adults, we also teach kids to be afraid of making mistakes and to blame themselves for not being good enough. As I noted in my book [Anxious Kids](#), this is fertile ground for anxiousness and depressive illness.

So how can we raise kids to be courageous problem-solvers rather than self-critical, low risk-takers? Here are six practical ideas to get you started:

Turn requests for help into problems for kids to solve

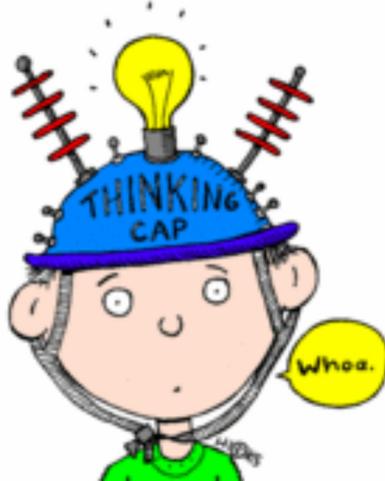
Kids get used to bringing their problems to parents to solve. If you keep solving them, they'll keep bringing them. "Mum, Sarah's annoying me" "Dad, can you ask my teacher to pick me for the team?" "Hey, I can't find my socks!" It's tempting if you are in a time-poor family to simply jump in and help kids out. Alternatively, you can take a problem-solving approach, cuing them to resolve their own problems and take responsibility for their concerns. "What can you do to make her stop annoying you?" "What's the best approach to take with your teacher?" "Socks, smocks! Where might they be?"

Ask good questions to prompt problem-solving

A problem-solving approach relies on asking good questions, which can be challenging if you are used to solving your child's problems. The first question when a child brings you a problem should be: "Can you handle this on your own?" Next should be, "What do you want me to do to help you solve the problem?" These questions are not meant to deter children from coming to you. Rather to encourage and teach them to start working through their own concerns themselves.

Coach them through problems and concerns

Imagine your child feels they were unfairly left out of a school sports team by a teacher and asks you get involved. The easiest solution may be to meet with the teacher and find out what's going on. You may or not resolve the problem but in doing so you are teaching a child to become dependent on you. Alternatively, you could coach your child to speak to the teacher themselves and find out why they were left out. Obviously, there are times when children need their parents to be advocates for them such as when they are being bullied, but we need to make the most of the opportunities for children to speak for themselves. Better to help your



children find the right words to use and discuss the best way to approach another person when they have problems. These are great skills to take into adulthood.

Prepare kids for problems and contingencies

You may coach your child to be independent - walk to school, spend some time alone at home (when old enough), catch a train with friends - but do they know what to do in an emergency? What happens if they come home after school and the house is locked? Who do they go to? Discuss different scenarios with children whenever they enter new or potentially risky situations so that they won't fall

apart when things don't go their way. Remember, the Boy Scouts motto - "Be Prepared!"

Show a little faith

Sometimes you've got to show faith in children. We can easily trip them up with our negative expectations such as saying "Don't spill it!" to a child who is carrying a glass filled with water. Of course, your child doesn't want to spill it but you've just conveyed your expectations with that statement. We need to be careful that we don't sabotage children's efforts to be independent problem-solvers with comments such as, "Now don't stuff it up!", "You'll be okay, won't you?", "You're not very good at looking after yourself!"

Applaud mistakes and stuff ups

Would a child who accidentally breaks a plate in your family while emptying the dishwasher be met with a 'that's really annoying, you can be clumsy sometimes' response or a 'it doesn't matter, thanks for your help' type of response? Hopefully it won't be the first response, because nothing shuts down a child's natural tendencies to extend themselves quicker than an adult who can't abide mistakes. If you have a low risk-taking, perfectionist child, consider throwing a little party rather than making a fuss when they make errors so they can learn that mistakes don't reflect on them personally, and that the sun will still shine even if they break a plate, tell a joke that falls flat or doesn't get a perfect exam score.

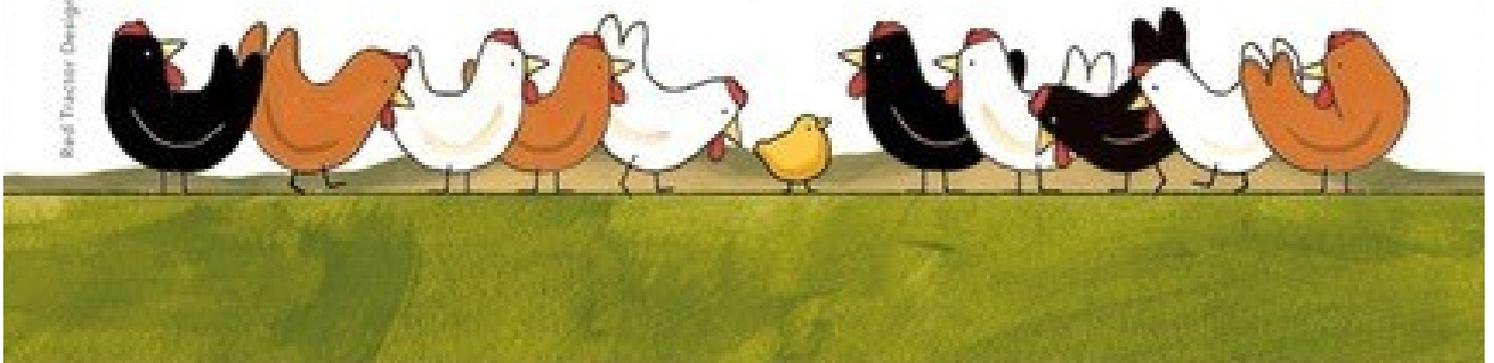
As I've often said your job as a parent is to make yourself redundant (which is different to being irrelevant) at the earliest possible age. The ability to sort and solve your own problems, rather than step back and expect others to resolve them, is usually developed in childhood. With repetition and practice problem-solving becomes a valuable life-pattern, to be used in the workplace, in the community and in family relationships.

parenting * ideas

It takes a whole village to raise a child

African proverb

Red Tractor Designs®



Together we can grow